A Delay Estimation Technique for Single and Double-track Railroads

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Abstract

To route and schedule trains over a large complex network can be computationally intensive. One way to reduce complexity could be to "aggregate" suitable sections of a network. In this paper, we present a simulation-based technique to generate delay estimates over track segments as a function of traffic conditions, as well as network topology. We test our technique by comparing the delay estimates obtained for a network in Los Angeles with the delays obtained from the simulation model developed by Lu et al. (2004), which has been shown to be representative of the real-world delay values. Railway dispatchers could route and schedule freight trains over large networks by using our technique to estimate delay across aggregated network sections.

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1 Introduction

In the United States, railways offer a cost-effective means to trans-continentally move goods from ports to various inland destinations. However, mergers and abandonment of rail lines, and booming international trade have contributed to the existing congestion in rail network systems in the Los Angeles area, and other similar regions in the United States. Similarly, in the eastern US, the CSX and NS railroads are attempting to cope with traffic levels much higher than what they were designed to handle.

There is clearly a need among US freight railroads for better analytical tools to manage their capacity and scheduling. A challenging problem in this context is to determine the effect of additional trains on a railroad. This problem requires estimating the travel times and delays in the network, and assigning trains to routes based on the expected running times in order to balance the railroad traffic, and to reject or defer the train(s) that would overload the network and result in unacceptable delays in traveling through the network. In the United States and in Europe, passenger trains have utmost priority and follow timetables. Freight trains have a lower priority, and are sent on routes and scheduled to minimize their impact on passenger trains. There is considerable variability associated with train departures from their stations due to uncertainty in loading time and crew handling. However, the variabilities are more pronounced in the case of freight trains.

Various kinds of estimation techniques can be used to study how the delay varies with a change in the traffic conditions and/or the railway network topology. The difference between the actual running time and the free running time is termed as *travel time delay* or, simply, *delay*. The free running time of a train over a network is defined as the time the train takes to traverse the network, when traveling at its maximum allowable speed and not experiencing delays due to other train(s). The actual running time is the time a train travels to reach its destination when there are other trains in the network. For freight trains, delays can be of two types, namely, direct and knock-on (or indirect) delays. Direct delays to trains are a consequence of minor delays at a station. These are not as a result of other trains traveling along the same lines. Knock-on delays are those which are induced into the system due to a direct and/or knock-on delay to another train in the network. It is transferred from one

train to, possibly, all the other trains in the vicinity.

The capacity of a railway network and the delay across it are closely related. The delays encountered by trains under different operating assumptions can be used to evaluate the capacity of a section of a network, which is referred to as a *subnetwork*. Capacity can be defined as the maximum number of trains that can traverse a network, or a section of a network, without resulting in a deadlock. Burdett and Kozan (2006) define absolute capacity as the theoretical capacity value that is realized only when critical sections of a network are saturated. On the other hand, actual capacity is the number of trains that can safely coexist in a network, or a portion of it, when interference delays are taken into consideration. Both measures of capacity are measured over time. Absolute capacity can be used as an upper bound for planning purposes.

The actual capacity of any section of a railway network cannot be a unique value, and it is neither easily defined nor quantified. It depends on the average minimum headway time between consecutive trains, the signalling system, train speeds, trackage configuration etc. For instance, single-tracks with sidings can accommodate more trains and enable crossings and overtakes than those without. Signals can increase capacity by reducing the required headway between trains. Delay estimation and capacity analysis in railway transportation is dependent on various operational aspects. The first aspect is the trackage configuration. The network can consist of single, double, triple or even more track. Single tracks are common in the case of North America while double and triple tracks are common in Europe. Normally, the level of complexity in urban areas is higher than in rural areas because they contain many junctions. A train can block the movement of other trains when it tries to cross over at a junction from one line to another. The second aspect is the variation in speed limits on different track segments and junctions. Furthermore, passenger trains and freight trains can have different maximum speeds even though their paths may use the same tracks, but not necessarily at the same time. If a train passes a junction by changing lines, the speed limit at the junction will be enforced. While single speed limits are common on networks in rural areas, multiple speed limits are common in metropolitan areas. A lower speed-limit over a subnetwork tends to increase travel time delays. The third aspect is the characteristic of each train in the rail network such as priority, train length, speed, acceleration rate and

deceleration rate. Generally, passenger trains have higher priority than freight trains. If two trains want to seize the same track simultaneously, the train with the lower priority should wait and stop until the train with higher priority passes. Sometimes trains cannot be dispatched at their maximum speed because of the track speed limit. Acceleration and deceleration rates need to be considered in order to increase or reduce speed without violating the speed limit. This results in a nonlinear function to represent the movement of trains.

In this paper, we present a delay estimation technique that models delay as a function of the train mix and the network topology. These delay estimates can be used to route and schedule trains over a large complex network. One way to reduce the complexity of routing and scheduling could be to "aggregate" suitable sections of a network in our analysis. An estimate of the expected travel time delay with traffic in the aggregated section would need to be fed to a routing and scheduling model so that trains can estimate, well in advance, the delay they would experience along each possible route to their destination. The delay estimation technique discussed in this paper reflects on how the delay in the aggregated section of the network varies with each additional train. Once a delay estimation equation has been generated by our technique, it can be used to estimate delay and capacity of a network section with physical attributes within the range of those of the generic networks used in the experiments. That is, individual simulations need not be run for every aggregated network section.

This paper is organized as follows. In Section 2, we give a brief insight into the prior work done in developing delay models for railways. In Section 3, we describe our methodology in estimating travel time delays in a subnetwork containing double-tracks or single-tracks. We validate our models by using them to predict delays on test networks, as well as rail networks in the Los Angeles area, and comparing it with the generated delays from a simulation model.

2 Previous work

In order to minimize delays in delivering freight goods, each train has to travel on a route that minimizes travel time, meet/pass interferences and expected delays. To accomplish this, it is imperative to have a robust delay estimation technique that is capable of accurately predicting travel time delay as a function of the operating parameters. There exists a considerable amount of rail transport literature that aims to better comprehend the nature of knock-on delays. In the past, researchers have used either analytical methods or simulation-based methods to study delay and/or capacity assessment in railroads.

2.1 Analytical Models

One of the earliest analytical models on capacity and delay assessment was developed by Frank (1966). He studied delay on a single track with unidirectional and bidirectional traffic. By restricting only one train on each link between sidings and using single train speeds and deterministic travel times, he estimated the number of trains that could travel on the network. Petersen (1974) extended this work to accommodate for two different train speeds. He assumed independent and uniformly distributed departure times, equally spaced sidings and a constant delay for each encounter between two trains. Chen et al. (1990) extended Petersen's model to present a technique to calculate delay for different types of trains over a specified single track section as a function of the schedules of the trains and the dispatching policies. They assumed sidings to be equally distributed, that faster trains can overtake slower trains, meets and overtakes occur only between 2 trains at a time, and there exists a fixed probability $P_{i,j}$ of a train *i* getting delayed by a train *j*. This modeling technique was extended by Parker et al. (1990) to a partially double-track rail network which consisted of a single-track section with sidings and double-track sections. Similar to the previous work, trains depart according to their scheduled departure times. The train to be delayed during a meet (or overtake) is determined by a trade-off between the lateness of the train with respect to its schedule and the overall priority of the train. Carey et al. (1994) studied the effects of knock-on delays between two trains on a single-track. They used non-linear regression to develop stochastic approximations of the relation between scheduled headways and knock-on delays, and tested these approximations by conducting detailed stochastic simulation of the interactions between trains as they traverse sections of the network. Ozekici et al. (1994) used Markov chain techniques to study the effects of various dispatching patterns and arrival

patterns of passengers on knock-on delays and passenger waiting times. Given a travel time probability density function for a train on a track link, a departure time transition matrix was constructed for the calculation of the expected departure delay. Higgins et al. (1998) presented an analytical model to quantify the positive delay for individual passenger trains, track links and schedule as a whole in an urban rail network. The network they considered has multiple unidirectional and bidirectional tracks, crossings and sidings. Yuan (2006, 2008) proposed probability models that provide a realistic estimate of knock-on delays and the use of track capacity. The proposed model reflects speed fluctuation due to signals, dependencies of dwell times at stations and stochastic interdependencies due to train movements. D'Ariano (2008) studied delay propagation by decomposing a long time horizon into tractable intervals to be solved in cascade, and using advanced Conflict Detection and Resolution with Fixed Routes (CDRFR) algorithms. These algorithms are used to detect and globally solve train conflicts on each time interval.

Queuing theory is another methodology that has been used for estimating delay in railroads. Greenberg et al. (1988) presented queuing models for predicting dispatching delays on a low speed, single track rail network supplemented with sidings and/or alternate routes. Train departures are modeled as a Poisson process, and the slow transit speed and deterministic travel times enable them to travel with close headways. This work assumes sidings to have infinite capacity. Huisman et al. (2001) investigated delays to a fast train caught behind slower ones by capturing both scheduled and unscheduled movements. This is modeled as an infinite server $G/G/\infty$ re-sequencing queue, where the running time distributions for each train service are obtained by solving a system of linear differential equations. Wendler (2007) presented an approach for predicting waiting times using a $M/SM/1/\infty$ queuing system with a semi-Markovian kernel. The arrival process is determined by the requested train paths. The description of the service process is based on an application of the theory of blocking times and minimum headway times.

A bottleneck approach is one way to determine the absolute capacity of a network, by identifying the maximum number of trains that can travel through the track segments constituting a bottleneck in a given time period. De Kort et al. (2003) considered the problem of determining the capacity of a planned railway infrastructure layout under uncertainties for an unknown demand of service. The capacity assessment problem for this generic model is translated into an optimization problem. Burdett and Kozan (2006) developed capacity analysis techniques and methodologies for estimating the absolute (theoretical) traffic carrying ability of facilities over a wide range of defined operational conditions. Specifically, they address the factors on which the capacity of a network depends on, namely, proportional mix of trains, direction of travel, length of trains, planned dwell times of trains, the presence of crossing loops and intermediate signals in corridors and networks. Gibson et al. (2002) also developed a regression model to define a correlation between capacity utilization and reactionary delay. Landex et al. (2006) and Kaas (1998) discussed techniques to calculate capacity utilization for railway lines with single and multiple tracks, as per the UIC (International Union of Railways) 406 method.

2.2 Simulation Models

Simulation techniques can be used to study direct, knock-on and compound delays and ripple effects from conflicts at complex junctions, terminals, railroad crossings, network topology, train and traffic parameters. The compound interaction effects of these factors cannot be effectively captured in an analytical delay estimation model. Petersen et al. (1982) present a structured model for rail line simulation. They divide the rail line into track segments representing the stretches of track between adjacent switches and develop algebraic relationships to represent the model logic. Dessouky et al. (1995) use a simulation modeling methodology to analyze the capacity of tracks and delay to trains in a complex rail network. Their methodology considers both single and double-track lines and is insensitive to the size of the rail network. Their model has a distinctive advantage of accounting for track speedlimits, headways, and actual train lengths, speed-limits acceleration and deceleration rates in order to determine the track configuration that minimizes congestion delay to trains. This work is extended by Lu et al. (2004). Hallowell et al. (1998) improve upon the work by Parker et al. (1990) by incorporating dynamic meet/pass priorities in order to approximate an optimal meet/pass planning process. Extensive Monte Carlo simulations are conducted to examine the application of an analytical line model for adjusting real-world schedules to

improve on-time performance and reduce delay. Krueger (1999) uses simulation to develop a regression model to define the relationship between train delay and traffic volume. The parameters involved are network parameters, traffic parameters and operating parameters.

A majority of the prior work on delay estimation and capacity assessment for railway networks does not explicitly consider the vital and complex interactions between traffic, operating and network parameters. In the case of the analytical models, heavy assumptions are made in order to maintain the complexity of the problem within solvable bounds, thereby rendering the problem to be far off from real-life rail operations. Furthermore, these models may be incapable of recognizing the dynamic nature of capacity and knock-on delays involving more than two trains. More often than not, delay or capacity estimation is unlikely to be the final step in railway operations planning. Instead, a dispatcher might use these estimated values in railway routing and scheduling, that is, to route a set of trains over tracks with the minimum expected delay so as to minimize the overall system delay. For such purposes, it would be beneficial to design simple delay estimation models that could be easily integrated with or incorporated into a routing, scheduling or dispatching model. Analytical models requiring algorithms to solve a system of equations might not be the best option for this purpose. Simulation models, on the other hand, would enable us to develop simple, yet accurate, algebraic relationships that better capture the stochastic nature of the interactions between the traffic, operating and network parameters, and their impact on travel time delays.

In this paper, we use simulation techniques to develop accurate and simple regression-based delay estimation models that can then be used with railway routing and scheduling models.

3 A Delay Estimation Methodology

In this section, we present a delay estimation methodology, based on *Design of Experiments* techniques, that can be used to predict delays in railway networks, while capturing interactions between the network, traffic and operating parameters. As explained in detail below, generic networks are first constructed to represent the range of the physical attributes of the

actual networks for which delays are to be estimated. Next, we run simulations representing train movements through these generic networks, and record the relevant system state data. Finally, a regression analysis is made to run on the collected data. This regression equation is shown to accurately estimate the travel time delay on an actual network that has its physical attributes within the extreme limits of the networks used in the experiments.

To this end, we use the simulation model developed by Lu et al. (2004), which divides the rail network into track segments. This model considers multiple trackage configurations in the same rail network with multiple speed limits while accounting for the acceleration and deceleration limits of the trains. In addition, the freight trains are assumed to arrive at origin stations following a stochastic arrival process. A central dispatching algorithm decides the movement of each train in the network considering whether to continue moving at the same speed, to accelerate or decelerate, or to stop. The algorithm also determines the next track to be seized from among the multiple alternative tracks. The authors prove this algorithm to be deadlock-free, while attempting to keep the train delays to a minimum. The modeling methodology does not depend on the size of the network and is insensitive to the trackage configuration. Thus, changes to the trackage configuration require changes only to the input data files. Considering the Downtown Los Angeles - Inland Empire Trade Corridor as an example, the authors show that the delays experienced by the trains as per the simulation model are very close to the real-world travel time delays.

This simulation model is used to study the impact of the network topology and traffic parameters on the delay experienced by trains in traversing a subnetwork. We assume trains can accelerate and decelerate instantaneously to obey track speed limits, and the simulation model is modified accordingly. Hence, the maximum speed of a train at each instant of time is simply set to the constraining speed-limit of the track segment. Furthermore, a Poisson arrival process is assumed for each train. The control parameters for each simulation are as follows:

- 1. λ_i : the arrival rate of each type of train.
- 2. L: the length of the subnetwork, that is, the distance in miles between the start and the end of the subnetwork.

- 3. V: the speed-limit of the subnetwork. The free running time of the train over the subnetwork is inversely proportional to the minimum of V and the train speed-limit.
- 4. C: the number of crossings or sidings for a double- or single-track respectively. They are assumed to be uniformly distributed. These enable a smooth flow of traffic within the subnetwork. Typically, delay reduces with an increase in C.
- 5. S: the spacing over a subnetwork. This is defined as the portion of the subnetwork over which crossings (or sidings) are uniformly distributed. If crossings are uniformly distributed over the entire track length (i.e., S = 1), then trains can more easily overtake and/or cross each other, than if all the crossings are concentrated at one end of the network segments. Therefore, delay increases with a decrease in S due to possible interactions between trains on two consecutive crossings (or sidings).

Among the above control parameters, L, V, C and S are utilized to represent various subnetwork configurations in order to study the impact of these four on the travel time delay. In our work, to be able to build a generic delay estimation model for a single-track or a double-track, we assume that each of these four parameters can take three different values which are labelled as LO, MID and HI. These three levels can be thought of as representing the lowest, middle and highest subnetwork length, speed-limits, crossings (or sidings) and spacing that can be found in the complex railway network under consideration. There are 3^4 , or 81 subnetwork configurations that need to be simulated in order to build the delay model. However, due to the need for efficiency, we invoke a response surface methodology tool known as *fractional factorial design*. We develop a one-third fractional factorial design, wherein we assume third-order and higher interactions between the four control parameters to be negligible, and instead concentrate our efforts in studying the main effects and the two-factor interactions. According to standard rules (Montgomery, 1984), we choose 27 of these 81 designs so as to get a good representation of the interaction effects. In response surface terminology, this is called a 3^{4-1} design. In this way, the generic delay model developed would be able to estimate delay, with high precision, on a host of subnetworks within the extreme values of the four topological parameters. An important thing to note here is that we do not mix double-track subnetworks with single-track subnetworks. The generic

delay model is developed separately for each of them.

The simulation is run for each of the 27 subnetwork configurations using AweSim! 2.0 (Pritsker and O'Reilly, 1999), by altering the data files. For each subnetwork configuration, simulations are run for a fixed ratio of the types of trains traveling through the subnetwork, and various values of λ_i for each train type. Two stations are assumed to be present at either end of a subnetwork, and there are an equal number of trains travelling in either direction. Trains are made to travel between their respective origin and destination stations. Furthermore, we also assume that there are no stations in between the origin and destination stations. During each run, the state of the system is recorded at the arrival times of randomly selected trains at their respective origin station. At each randomly sampled time instant, the following data is recorded.

- 1. X_i : the number of trains of type *i* in the subnetwork.
- 2. D_1 : the number of trains that enter the subnetwork from the opposite direction after the entry and before the exit of the aforementioned randomly selected train.
- 3. D_2 : the number of trains already present in the subnetwork when the randomly selected train enters the subnetwork and traveling in a direction opposite to it.



Figure 1: The double-track railway segment with 7 moving trains at the time train T_1 is deciding to enter on A or B

Figure 1 above, shows a double-track subnetwork of length L = 10 mi with crossings CDand GH and siding EF, i.e., C = 3. The speed limit V over this subnetwork is 35 mi/hr. The crossings and the sidings are uniformly distributed over $\frac{3}{4}$ th or 75% of the length of the subnetwork, i.e., S = 0.75. T1 is a train that is about to enter the network. There are four train types, represented by rectangles, squares, circles and ellipses. Of the 7 trains already existing in the subnetwork, 3 are traveling in the same direction as T1 would upon entering, and 4 are traveling in the opposite direction. Hence, D2 = 4. At time of entry of T1, X_1 (squares) = 2, X_2 (rectangles) = 1, X_3 (circles) = 2 and X_4 (ellipses) = 2. D_1 represents the trains that would enter through IJ from the adjacent subnetwork(s) after T1 enters through AB and before it exits through IJ. X_i , D_1 and D_2 are called *covariate parameters* because they can be altered only by changing the control parameter(s), in this case, λ_i . D_1 and D_2 represent traffic moving in the opposite direction, relative to the randomly selected train, and therefore impact delay by providing "resistance" to its smooth flow.

Then, we run a single regression analysis over the data collected from the 27 subnetwork configurations, using *Minitab*. The parameters used are the X_i 's, D_1 , D_2 , L, V, C and S, and the response variable is the travel time delay experienced by the train, Y. A normal probability plot and a plot of the residuals $(y_i - \hat{y}_i)$ versus the predicted response \hat{Y} (fitted response value from the regression analysis) are plotted. This is done to examine the fitted model to ensure that it provides an adequate approximation to the true system, and to verify that none of the least squares regression assumptions are violated. We also run regressions with quadratic and cross-product interaction effects of the X_i 's and the network topological parameters, in order to study their effects on the delay.

In the next section, we present an example wherein we build these generic delay models for single and double-track subnetworks for the railway network in the Los Angeles area. On a side note, we use the following nomenclature in the remaining sections of this paper: *actual delay* refers to the delay experienced by the trains in real-world rail operations, *simulation delay* refers to the travel time delay experienced by the trains as per the simulation model by Lu et al. (2004), and *predicted delay* refers to the delay estimated from the delay estimation equation (obtained from the regression analysis), that is expected to be experienced by the trains in traveling through a network.

4 Case Study: Los Angeles area Railway Network

The Ports of Los Angeles and Long Beach are the busiest ports on the West Coast. Three railroad lines, Union Pacific - Alhambra, Union Pacific - San Gabriel and Burlington Northern Santa Fe operate service from Los Angeles downtown to the ports. Travel time delays from the simulation model on this network have been shown by Lu et al. (2004) to be close to real-world delay values. The trackage in this region is primarily a combination of single and double-tracks. Crossings and sidings are provided for the purpose of train meets and overtakes, thereby ensuring a smooth traffic flow. Four types of trains primarily travel on these tracks - long double stack (8000 feet), intermodal (6000 feet), carload (6500 feet) and oil (5000 feet). The speed-limits of these trains are 70, 55, 50 and 40 mi/hr respectively. In our experiments, we assume a fixed ratio of these four train types. For each subnetwork, multiple simulation runs are performed, each with a different combination of the λ_i 's. The primary purpose of this is to get a good representation of the system space, that is, how the delay varies with different values of X_i , for a fixed setting of the network topology parameters.

4.1 Delay Estimation for a Double-track Subnetwork

For the purpose of designing networks to build a generic delay model for a double-track subnetwork, the following three grades of values were selected for the network topology parameters.

	LO	MED	HI
Length (mi)	5.0	12.5	20.0
Speed-limit (mi/hr)	15	35	55
Crossings	1	3	5
Spacing (%)	0.50	0.75	1.00

Table 1: Settings for network topology parameters for double-track simulations

These values reflect the range of the four parameters within which a majority of the doubletrack subnetworks in the Los Angeles area network lie. As described in the previous section, we now develop a one-third fractional factorial design on which the simulations are to be run. The 27 treatment combinations that are used to run the simulations are shown in Table 2.

	\mathbf{L}	\mathbf{V}	\mathbf{C}	S		\mathbf{L}	\mathbf{V}	\mathbf{C}	\mathbf{S}
1	12.5	55	1	0.50	15	12.5	55	5	0.75
2	20.0	35	3	1.00	16	12.5	15	1	1.00
3	5.0	35	1	1.00	17	12.5	15	3	0.75
4	5.0	15	1	0.50	18	20.0	55	3	0.75
5	5.0	35	3	0.75	19	5.0	15	3	1.00
6	20.0	35	1	0.5	20	5.0	35	5	0.5
7	20.0	15	5	1.00	21	20.0	35	5	0.75
8	5.0	15	5	0.75	22	20.0	15	1	0.75
9	12.5	35	3	0.5	23	20.0	55	5	0.50
10	20.0	55	1	1.00	24	12.5	35	1	0.75
11	20.0	15	3	0.5	25	5.0	55	3	0.50
12	12.5	15	5	0.5	26	12.5	35	5	1.00
13	5.0	55	5	1.00	27	12.5	55	3	1.00
14	5.0	55	1	0.75					

Table 2: 27 parameter combinations considered in the one-third fractional factorial design for double-track simulations

For each of the 27 treatment combinations, 25 simulation runs are made, each with a different combination of the λ_i values for the four train types. This is done to obtain travel time estimates under various network operating conditions, described by the X and D variables. The simulations are run at the real-world daily peak traffic conditions, thus representing a stationary process. Therefore, the variance of the observed values is constant. As explained previously, in each simulation run, the state of the system is recorded at random intervals of time, each triggered by the arrival of a randomly selected train at its respective origin station. In each simulation run, approximately 1000 data points are recorded in this manner. Finally, all the data collected from these 27x25 simulations are combined to fit a regression model. The results are plotted in the graphs below.

In the plot of the residuals versus the predicted response \hat{Y} , the general impression should be that the residual scatter randomly on the display, suggesting that the variance of the predicted response is constant for all values of the mean of \hat{Y} . However, in Figure 2, our plot exhibits a funnel-shaped pattern, which indicates that the variance of the predicted response



Figure 2: Residuals vs. predicted response for the double-track subnetwork simulation



Figure 3: Normal probability plot for the double-track subnetwork simulation

depends on its mean value. In Figure 3, it is apparent that the normality assumption is being violated. A remedial procedure for these abnormalities is to transform the response variable Y. A Box-Cox transformation procedure is carried out, and the transformation parameter that minimizes the sum of squares of error is selected. For the experiment presented above, a natural log transformation has the best effect in improving the fit of the model to the data.

In addition to the single-order effects, we also fit regression models to a data set that includes interactions in the X_i 's and the network parameters. In Table 3, we retrace the backward elimination procedure. As per this procedure, we start with the single and higher-order effects of the X's, and the single-order and higher-order interaction effects of the network topology parameters. The higher-order effects of the four network topology parameters L, V, C and S comprise of the quadratic effects represented by LL, VV, CC and SS, and the interaction effects represented by LV, LC, LS, VC, VS and CS. After running regression analysis, we delete those effects that have no or least impact on the adjusted R-sq value. Next, we run regression analysis with just the effects that were not deleted in the previous step. This is done iteratively. We stop when we are left with just the statistically significant terms in the regression equation.

The size of the data sets obtained from the simulation runs creates a problem when assessing statistical significance. Specifically, the large degree of freedom for error makes all of the candidate regression terms significant at typical alpha levels. So, instead of using P-values as criteria for model selection, we use the relative magnitudes of the coefficients and the adjusted R-squared value. In effect, we are eliminating terms that provide negligible contributions to

	Regression Parameters	Adjusted R-Sq (%)	Eliminated Term(s)
1	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X1,X1X2,X1X3,X1X4,X2X2,		
	X2X3,X2X4,X3X3,X3X4,X4X4,		
	LL,LV,LC,LS,VV,VC,VS,CC,		
	CS,SS	93.7	_
2	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X1,X1X2,X1X3,X1X4,X2X2,		
	X2X3,X2X4,X3X3,X3X4,X4X4,		
	LL,VV,CC,SS	93.6	LV,LC,LS,VC,VS,CS
3	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X1,X1X2,X1X3,X1X4,X2X2,		
	X2X3,X2X4,X3X4,X4X4,		
	LL,VV,CC,SS	93.6	X3X3
4	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X2,X2X3,		
	X2X4,X3X4,X4X4,LL,VV,CC,SS	93.6	X1X1
5	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X3,X2X4,		
	X3X4,X4X4,LL,VV,CC,SS	93.6	X2X2
6	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X3,X2X4,		
	X3X4,LL,VV,CC,SS	93.6	X4X4
7	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X3,X2X4,X3X4	89.9	LL,VV,CC,SS
8	X1,X2,X3,X4,D1,D2,L,V,C,S	87.9	X1X2,X1X3,X1X4,
			X2X3,X2X4,X3X4

Table 3: Backward elimination for double-track subnetwork simulation. We select model 6.

the predicted values. Since the P-values of all the terms are always significant, we eliminate the term with the smallest coefficient value. An important observation to be made from the table above is that the network topology variables in the fractional factorial design have been chosen so as to keep them linearly independent of each other. By the virtue of this design, if any of the network topology interaction terms has a low coefficient value and is chosen to be eliminated, then all the topology interaction terms that have been so chosen can be simultaneously eliminated from the regression equation.

By comparing the regression models shown in Table 3, we notice that the one in row 6 has the least number of significant terms without a drastic reduction in the adjusted R-squared value. This regression model is shown in Figure 4. In a physical sense, this regression model suggests that the delay experienced by a train is impacted by the heterogenic mix of traffic flowing in the opposite direction. Furthermore, in addition to their single-order effects, quadratic interations of the network parameters influence delay. In this manner, we derive a regression model that defines an exponential relation between delay and traffic, operating and network parameters.

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The regression equation is

lnY = 3.61 + 0.0568 X1 + 0.0422 X2 + 0.0417 X3 + 0.0489 X4 + 0.0498 D1

+ 0.0317 D2 + 0.131 L - 0.0611 V - 0.0194 C - 0.158 S + 0.0164 X1X2

+ 0.0186 X1X3 + 0.0192 X1X4 + 0.0216 X2X3 + 0.0142 X2X4 + 0.0191 X3X4

- 0.00254 LL + 0.000486 VV + 0.00251 CC + 0.0835 SS
```

Predictor	Coef	SE Coef	т	P
Constant	3.61026	0.00443	814.68	0.000
X1	0.0568277	0.0004748	119.70	0.000
X2	0.0421879	0.0006317	66.79	0.000
Х3	0.0417376	0.0006218	67.13	0.000
X4	0.0489128	0.0005085	96.20	0.000
D1	0.0498357	0.0002586	192.71	0.000
D2	0.0316704	0.0004668	67.84	0.000
L	0.130715	0.000205	637.51	0.000
V	-0.0610934	0.0000994	-614.92	0.000
С	-0.0194282	0.0007124	-27.27	0.000
S	-0.15810	0.01072	-14.75	0.000
X1X2	0.0164424	0.0004406	37.32	0.000
X1X3	0.0185907	0.0003974	46.78	0.000
X1X4	0.0192169	0.0003137	61.25	0.000
X2X3	0.0216471	0.0004528	47.81	0.000
X2X4	0.0142313	0.0004466	31.87	0.000
X3X4	0.0190664	0.0004624	41.23	0.000
LL	-0.00254159	0.00000844	-301.00	0.000
VV	0.00048551	0.00000128	379.27	0.000
CC	0.0025064	0.0001162	21.56	0.000
SS	0.083455	0.007055	11.83	0.000

S = 0.128986 R-Sq = 93.6% R-Sq(adj) = 93.6%

Analysis of Variance

Source	DF	SS	MS	F	P
Regression	20	96452.9	4822.6	289866.61	0.000
Residual Error	393635	6549.1	0.0		
Total	393655	103002.0			

Figure 4: Detailed regression results for model 6 in the double-track simulation

The regression equation above can be used to estimate delay (Y) for an actual double-track

subnetwork.

The next logical step is to test our delay modeling methodology. As part of this step, we adopt two validation strategies. First, we randomly chose five treatment combinations of the 54 that were not used in the one-third fractional factorial design. The performance of the generic delay estimation model for these five network configurations is shown in rows 1-5 in Table 4 below. In the second validation strategy, we choose a subnetwork existing in the Los Angeles area, and test the performance of our delay estimation model on this subnetwork. This result is shown in row 6 in Table 4 below.

	\mathbf{L}	V	\mathbf{C}	S	Relative Error,	Relative Error,	Percent within
					Mean $(\%)$	Median $(\%)$	20% rel. error
1	5.0	15	1	1.00	14.55	9.09	87.82
2	12.5	35	3	0.75	9.06	5.75	88.65
3	20.0	35	5	1.00	11.22	5.75	81.77
4	5.0	55	3	0.75	4.92	0.78	93.40
5	12.5	55	3	0.50	9.19	6.78	88.03
6	6	36.67	3	1.00	20.35	20.34	78.28

Table 4: Validation of the double-track delay model. 1-5 are from the 54 unused topological subnetwork configurations. 6 is a real rail network

For a given network topology, the simulation delay values for trains are derived from running the simulation model. The relative error is defined as the absolute value of the difference between the simulation delay and predicted (from the delay estimation equation) delay divided by the simulation delay. The mean and the median of the relative error are given in columns 6 and 7. Our observation from these tests is that the delay estimation model estimates data with a high accuracy under normal, expected levels of traffic. But, it also has a tendency to overestimate delay under conditions of high traffic in a subnetwork that could potentially lead to a deadlock. These values are small in number and, therefore, are not removed while collecting descriptive statistics. Instead, they are considered as extreme values. Hence, in this case, the median of the relative error proves to be a more robust measure than the mean, and looking at the median of the relative error. The final column lists the portion of the data set with a corresponding relative error within 20%, which gives an estimate of the number of these extreme values. We next investigate the conditions when our delay model provides small relative error terms since the previous analysis showed that the relative error can be large under extreme heavy traffic. We consider two cases in this analysis: light and medium traffic. In other words, we present the performance of our delay estimation model for double-tracks without including the extreme values of traffic indicative of a high degree of congestion. In Table 5 below, we compare the predicted delay value with the delay value obtained from the simulation model for the same six network configurations listed in Table 4. We compute the portion of the data set, with relative error in the delay values within 10%, for two different cases. In the row labeled 'Case 1', we select the data where just the right number of trains coexist in the network so as to maintain the minimum safety distance, that is, the number of trains $\leq 2L/1.5$, assuming trains are 1.5 miles long and the safety distance is of a similar length. In other words, we compare the predicted and simulation delay values for low traffic densities without any queues at either station. The values listed in this row show that our delay estimation model performs fairly well under low traffic conditions. In the row labeled 'Case 2', we select data values where the quantity number of trains/2L is $\leq 80\%$. This can be thought of as the utilization of the network being $\leq 80\%$. The maximum number of trains in this case will be higher than the number of trains in Case 1. Since all cannot be accommodated simultaneously, there might be some queuing occurring at either or both stations. Under this case of medium traffic densities, our delay estimation model continues to perform well, as more than 90% of the data is within 10% relative error for all the six network configurations.

Test Config.	1	2	3	4	5	6
Case 1	95.02	94.87	94.10	94.67	93.44	93.32
Case 2	92.54	93.41	90.19	92.75	91.65	90.17

Table 5: Validation of the double-track delay model. Case 1: Low traffic conditions. Case 2: Medium traffic conditions.

4.2 Delay Estimation for a Single-track Subnetwork

Delay estimation for a single-track subnetwork is done along the lines of the delay estimation for a double-track subnetwork. In Table 6 below, we list the three grades of values for the network topology parameters that were used for estimating delay for single-track subnetworks.

	LO	MED	HI
Length (mi)	10.0	15.0	20.0
Speed-limit (mi/hr)	15	35	55
Crossings	2	3	4
Spacing (%)	0.70	0.85	1.00

Table 6: Settings for network topology parameters for single-track simulations

As in the case of a double-track, we develop a one-third fractional factorial design to run the simulations and develop the delay model. 27 treatment combinations are selected from the 81 possible by assuming third-order and higher interactions to be negligible.

	\mathbf{L}	V	С	S		\mathbf{L}	V	С	S
1	10	35	4	0.70	15	20	55	2	1.00
2	10	55	4	1.00	16	20	55	3	0.85
3	15	35	3	0.70	17	20	15	4	1.00
4	20	15	3	0.70	18	10	35	2	1.00
5	10	55	2	0.85	19	20	55	4	0.70
6	15	55	2	0.70	20	15	55	4	0.85
7	15	15	3	0.85	21	10	15	3	1.00
8	10	15	4	0.85	22	15	15	2	1.00
9	20	35	2	0.70	23	15	35	4	1.00
10	15	55	3	1.00	24	20	35	4	0.85
11	10	15	2	0.70	25	20	15	2	0.85
12	20	35	3	1.00	26	10	55	3	0.70
13	15	15	4	0.70	27	15	35	2	0.85
14	10	35	3	0.85					

Table 7: 27 parameter combinations considered in the one-third fractional factorial design for single-track simulations

All the data collected from these 27x25 simulations are combined to fit a regression model. This model has an adjusted R-squared value of 79.4%. The normality plot and the plot

	Regression Parameters	Adjusted R-Sq (%)	Eliminated Term(s)
1	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X1,X1X2,X1X3,X1X4,X2X2,		
	X2X3,X2X4,X3X3,X3X4,X4X4,		
	LL,LV,LC,LS,VV,VC,VS,CC,		
	CS,SS	91.1	_
2	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X1,X1X2,X1X3,X1X4,X2X2,		
	X2X3,X2X4,X3X3,X3X4,X4X4,		
	LL,VV,CC,SS	91.0	LV,LC,LS,VC,VS,CS
3	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X1,X1X2,X1X3,X1X4,X2X2,		
	X2X3,X2X4,X3X4,X4X4,		
	LL,VV,CC,SS	91.0	X2X2
4	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X2,X2X3,		
	X2X4,X3X4,X4X4,LL,VV,CC,SS	91.0	X3X3
5	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X3,X2X4,		
	X3X4,X4X4,LL,VV,CC,SS	91.0	X4X4
6	X1,X2,X3,X4,D1,D2,L,V,C,S,		
	X1X2,X1X3,X1X4,X2X3,X2X4,		
	X3X4,LL,VV,CC,SS	90.9	X1X1
7	X1, X2, X3, X4, D1, D2, L, V, C, S,		
	X1X2,X1X3,X1X4,X2X3,X2X4,X3X4	89.4	LL,VV,CC,SS
8	X1,X2,X3,X4,D1,D2,L,V,C,S	88.2	X1X2,X1X3,X1X4,
			X2X3,X2X4,X3X4

Table 8: Backward elimination for single-track subnetwork simulations. We select model 6.

of the residuals versus the predicted response depict a violation of the normality and homoscedasticity assumptions. A remedial Box-Cox transformation is carried out. Similar to the case of a double-track, the natural logarithm of the response variable, Y, is used as the transformed response. We begin with a regression model containing all the second-order interaction terms of the X_i 's and the topology parameters, and by using backward elimination we derive a regression model to estimate delay on a single-track subnetwork.

From the table above, we note that the regression model in row 6 has the highest adjusted R-squared value with only the significant single-order and interaction terms included. The regression-based delay estimation equation for a single-track subnetwork is given below. The heterogeneity in the traffic flowing in the opposite direction and the quadratic interaction

terms of the network parameters affect the delay experienced by a train traveling on a single-

track.

The regres ln Y = 4.3 + 0 - 0	sion equation 7 + 0.116 X1 .127 L - 0.05 .0167 X1X4 -	is + 0.110 X2 + 81 V - 0.134 0.0104 X2X3	0.119 X3 C - 1.17 - 0.0117	+ 0.108 S $- 0.000$ X2X4 $- 00000000000000000000000000000000000$	8 X4 + 0. 0136 X1X2 0.0113 X3	0903 D1 2 - 0.016	+ 0.0420 D2 1 X1X3 0245 LL
+ 0	.000450 VV +	0.0168 CC +	0.623 55				
Predictor	Coef	SE Coef	т	Р			
Constant	4.37270	0.02203	198.48	0.000			
X1	0.116491	0.000459	254.00	0.000			
X2	0.109583	0.000565	193.97	0.000			
Х3	0.118797	0.000655	181.50	0.000			
X4	0.108227	0.000495	218.59	0.000			
D1	0.0903159	0.0002440	370.10	0.000			
D2	0.0419676	0.0004198	99.98	0.000			
L	0.127035	0.000783	162.20	0.000			
V	-0.0580774	0.0001230	-472.30	0.000			
С	-0.133690	0.003967	-33.70	0.000			
S	-1.16596	0.04979	-23.42	0.000			
X1X2	-0.0136110	0.0002197	-61.94	0.000			
X1X3	-0.0160660	0.0001823	-88.12	0.000			
X1X4	-0.0167484	0.0001595	-104.99	0.000			
X2X3	-0.0104234	0.0003223	-32.34	0.000			
X2X4	-0.0116709	0.0002372	-49.20	0.000			
X3X4	-0.0113020	0.0002811	-40.20	0.000			
LL	-0.00245114	0.00002620	-93.56	0.000			
V V 20	0.00045005	0.00000165	273.39	0.000			
CC	0.0168068	0.0006566	25.60	0.000			
55	0.62315	0.02923	21.32	0.000			
S = 0.2212	97 R-Sq = 9	0.9% R-Sq(adj) = 90	.9%			
Analysis o	f Variance						
Source Regression Residual E Total	DF 20 rror 515022 515042	SS 252326 126 25222 277548	MS 16 25762 0	F 1.94 0	Р .000		

Figure 5: Detailed regression results for model 6 in single-track simulation.

The single-track delay model is validated in a similar fashion as the double-track delay model. In the table below, rows 1-5 show the performance of the delay model with respect to the delay obtained by running simulations on 5 randomly chosen subnetwork configurations that were not used in the one-third fractional factorial design. Row 6 shows the performance of the delay model on an actual single-track subnetwork existing in the Downtown Los Angeles to the Ports railway network.

	L	V	C	S	Relative Error,	Relative Error,	Percent within
					Mean $(\%)$	Median $(\%)$	20% rel. error
1	10	35	3	1.00	12.67	10.57	74.36
2	10	55	2	1.00	16.92	14.02	74.10
3	15	15	4	0.85	17.21	12.68	68.76
4	15	55	2	1.00	17.85	15.34	70.31
5	20	35	3	0.70	18.91	14.00	75.19
6	11.43	55	2	1.00	14.11	10.54	71.96

Table 9: Validation of the single-track delay model. 1-5 are from the 54 unused network configurations. 6 is an actual rail network.

The relative error is defined as the absolute value of the difference between the simulation delay and predicted (from the delay estimation equation) delay divided by the simulation delay. The mean and the median of the relative error are given in columns 6 and 7. Our observation from these tests is that the delay estimation model estimates data with a high accuracy under normal levels of traffic. But, it also has a tendency to overestimate delay under conditions of high traffic in a subnetwork that could potentially lead to a deadlock. These values are small in number and, therefore, are not removed while collecting descriptive statistics. Instead, they are considered as extreme values. In the presence of these extreme values, the median of the relative error gives an estimate of the effect of these extreme values on the mean of the relative error. The final column lists the portion of the number of these extreme values.

We next investigate the conditions when our delay model provides small relative error terms since the previous analysis showed that the relative error can be large under extreme heavy traffic. We consider two cases in this analysis: light and medium traffic. In Table 10 below, we compare the predicted delay value with the delay value obtained from the simulation model for the same five network configurations listed in Table 9. We compute the portion of the data set, with relative error in the delay values within 10%, for two different cases. In the row labeled 'Case 1', we select the data where just the right number of trains co-exist in the network so as to maintain the minimum safety distance, that is, the number of trains $\leq (L+C*1.5)/1.5$, assuming trains and sidings are 1.5 miles long and the safety distance is of a similar length. In other words, we compare the predicted and simulation delay values for low traffic densities without any queues at either station. The values listed in this row show that our delay estimation model performs fairly well under low traffic conditions. In the row labeled 'Case 2', we select data values where the quantity number of trains /(L + C * 1.5) is $\leq 80\%$. This can be thought of as the utilization of the network being $\leq 80\%$. The maximum number of trains in this case will be higher than the number of trains in Case 1. Since all trains cannot be accommodated simultaneously, there might be some queuing occurring at either or both stations. Under this case of light to medium traffic densities, our delay estimation model continues to perform well as is shown in the table below.

Test Config.	1	2	3	4	5	6
Case 1	90.40	91.77	91.23	90.14	89.36	88.76
Case 2	88.65	89.11	87.43	88.89	87.54	86.97

Table 10: Validation of the single-track delay model. Case 1: Low traffic levels. Case 2: Medium traffic values.

5 Conclusions and Future Work

In this paper, we present a delay estimation methodology that defines an exponential relation between travel time delay and train mix, operating parameters and the network topology. In order to account for the dynamic nature of rail operations, we use a simulation model, which considers train length, speed-limits and headways to collect travel time data. A regression model is fitted on the collected data to develop the delay models for single and doubletrack subnetworks. We test the performance of our methodology on test subnetworks and real subnetworks in the Los Angeles area railway network. As part of the future work, we intend to integrate our delay models to an integer programming model that routes and schedules train over a complex railway network. The delay models will be used to calculate the expected delay on each possible train route by estimating the delay associated with each subnetwork along a route. Eventually, trains will be routed along routes that have the least expected delay. To route and schedule trains over a large complex network can be computationally intensive. One way to reduce complexity could be to "aggregate" suitable sections of a network. We have developed a model presented in this paper for this purpose. In addition to this, our delay estimation procedure has an advantage of being able to easily integrate with a routing and scheduling integer programming model.

Efficient delay estimation and capacity assessment techniques are cost-effective ways to relieve rail network congestion. These methods allow railway planners to dispatch just the right number of trains that can be handled by a network without resulting in a deadlock, while maintaining travel time delays to a minimum. Dispatchers can use the delay estimation procedure presented in this paper to study how the delay in the aggregated section of the network varies with each additional train. Once a delay estimation equation has been generated by our technique, it can be used to estimate delay and capacity of a network with physical attributes within the upper and lower limits of the attributes of the generic networks used in the experiments. That is, individual simulations need not be run for every aggregated network section.

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